Coach Svetlana Banks, Savour the Life LLC

Phone: (512) 524-6949‬, email: savourthelife@gmail.com

**Coaching Agreement**

**Introduction**

This Agreement is entered into by and between: Savour the Life LLC, “Coach” Svetlana Banks and \_\_\_\_\_\_ Name, Address “Client” whereby agrees to provide Coaching Services.

This agreement is for Coaching, not Therapy. It means that the Coach does not offer any cure or treatment for mental or physical disorders.

Services of Coaching provided via video chat, phone, and other messengers (Skype live:savourthelife).

To be successful the Client should understand and agree to communicate with the Coach honestly and openly.

Please feel free to ask questions at any time about Coach’s background, experience and professional opinion.

**Coaching process**

Coaching is a process between the Coach and the Client which encourages the Client in his/her personal or professional life to reveal potential and discovers hidden talents. The Coach will help the Client identify his/her challenges, and turn the challenges into possible victories or useful experiences. The Coach offers the Client her professionalism, but achieving the goal requires the Client's personal involvement and his/her concrete actions.

For a successful result, the Client understands and agrees to communicate with the Coach honestly and be open to feedback and be energetic at participating in the coaching process.

The Client has the right to accept or not accept the Coach’s recommendations and he/she will be responsible for their choices.

**Fees**

The fee for service is $150 per individual 60 minute session. Fees are payable through Paypal and Venmo, or directly through the website https://savourthelife.com/.

The Client agrees to pay before the coaching sessions. The Coach should be notified in advance about rescheduling or canceling a session. If the Client doesn't notify 6 hours before the session and missed it he/she agrees to pay full price for it.

**Confidentiality**

The Client gives the Coach permission to make notes during the sessions so she is able to acknowledge the changes and improvements in the Client’s life.

The Coach and the Client agree not to disclose any information they share with each other to a third party in the process of Coaching.

Any disclosure during the partnership between the Client and the Coach needs to have written or verbal consent. The information can be disclosed if the Coach believes that this is necessary for the Client’s or other people’s safety.

**Limited liability**

The Coach doesn't guarantee or warrant any kind of implied or expressed result in the coaching service except provided coaching service, and is not responsible for any damages.

The Coach agrees to maintain the guidelines of behavior and ethics as defined by the International Coach Federation.

**Coach Availability**

Email contact between sessions is welcome at savourthelife@gmail.com. However, Coach will address most issues within the regularly scheduled sessions. The coach offers a response service to the client in the ratio of two emails per session.

You may leave a message for Coach via email: savourthelife@gmail.com.

**Responsibility**

The Clients are responsible for the decisions and actions he or she makes from the direction they were given from the Coach. The Client accepts and understands that coaching is a process that might involve many different areas of a Client’s life such as work, health, relationships, etc.

It is up to the Client to be responsible for implementing the choices he or she made in this area of his or her life.

Your signature indicates that you have read this agreement for services carefully and understand its contents.

Signature of Client \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_